










WSSC – Equipment helper

Equipment	Example Pictures	Examples of places to buy (there are other places too!)	Approximate cost
<p>Helmet hockey or snowboarding helmets are acceptable for practices. If a skater is planning on racing, he or she must have an approved speed skating helmet. Speak to the coaches for more details.</p>	<p>Hockey Helmet</p>  <p>Snowboarding Helmet</p>  <p>Speedskating Helmet</p> 	<p>Hockey / Snowboarding Helmet – Canadian Tire (hockey section), Sport Check, or other sporting good store</p> <p>Speedskating Helmet – Red River Speed (online business located in Winnipeg). <i>NOTE – the club may do a bulk buy during the year to get a good price</i></p>	<p>Hockey / Snowboarding Helmets -- \$50- ???</p> <p>Speedskating Helmet – about \$80-100</p>

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Equipment	Example Pictures	Examples of places to buy (there are other places too!)	Approximate cost
Safety glasses The glasses must have a safety strap.		Canadian Tire (tool section), Rona, Home Depot.	\$10-12
Bib-style neck guard		Canadian Tire (hockey section), Sport Chek, or a sporting goods store	\$25-35

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<p>Cut proof(leather) mitts or gloves</p>	<p>Any full leather glove or mitt will work (e.g. isotoner, leather work gloves, garbage mitts)</p>  <p>Cut Resistant Automotive Gloves</p>  <p>Hockey Gloves</p>  <p>Speedskating gloves</p> 	<p>Shop your closet at home for leather mitts / gloves, or hockey gloves you already own.</p> <p>Cut Resistant Automotive Gloves – Canadian Tire (automotive section), Rona, Home Depot, Princess Auto</p> <p>Speedskating Gloves – Red River Speed (Red River Speed (online business located in Winnipeg))</p>	<p>Your own leather mitts or gloves – FREE!</p> <p>Cut Resistant Automotive Gloves -- \$30 - 35</p> <p>Speedskating Gloves -- \$70 (you do not need these for starting out!)</p>
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<p>Cut proof ankle guards or socks (Kevlar)</p>	<p>Kevlar socks</p>  <p>Ankle Guards</p> 	<p>Kevlar Socks Canadian Tire (hockey section), SportChek or other sporting good shop which sells hockey supplies</p> <p>Kevlar ankle guards Red River Speed</p>	<p>\$50</p>
<p>Knee pads volleyball knee pads work well (hard knee pads are not permitted)</p>	<p>Volleyball knee pads</p> 	<p>Canadian Tire (sports section), Sport Chek or other sporting goods store</p>	<p>\$15-20</p>

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Shin guards
soccer shin guards



Canadian Tire (sports section), Sport Chek or other sporting goods store

\$12 – 20